

# WESTHAVEN GOLF CLUB

## Lunch Menu

### STARTERS

**HOUSE-SMOKED CHICKEN WINGS 9**

hot - bbq- teriyaki

**GF TUNA TOWER 15 TroonFIT**

avocado - tomato - ahi tuna poke  
wasabi drizzle - rice noodle

**BANG BANG SHRIMP 10**

sweet thai chili dipping sauce

**HOUSE-MADE HUMMUS 8 TroonFIT**

curry cauliflower - kalamata olives

**BBQ CHICKEN FLATBREAD 11**

smoked gouda - red onion - bbq sauce - cilantro

**ITALIAN FLATBREAD 12**

house-made marinara - italian sausage  
pepperoni - mozzarella cheese

### SALADS

**WGC CHOPPED 6/11**

romaine - radicchio - tomato - avocado  
pickled red onion - chopped egg  
maple bacon - potato shards - ranch dressing

**POT STICKER & ROASTED PEPPER 14 TroonFIT**

baby greens - carrots - cucumber - almonds  
green onions - sesame ginger dressing

**BLACKENED SALMON CAESAR 15 TroonFIT**

romaine - blackened salmon - croutons  
parmesan - caesar dressing

**GF ULTIMATE DETOX 13 TroonFIT**

kale - red cabbage - broccoli - carrots - bell peppers  
toasted walnuts - sesame seeds - maple ginger  
infused vinaigrette

**ADD A PROTEIN TO ANY SALAD**

6 oz grilled chicken - 5

5 oz grilled salmon - 8

4 oz ahi tuna - 8

6 grilled shrimp - 5

**SOUP OF THE DAY 3/6**

house-made soup

### ENTREES

sandwiches served with choice of : shoe string fries or house-cut fries

**CLUBHOUSE BURGER 11**

cheddar - lettuce - tomato  
onion  
pickle - brioche bun

**RATTLESNAKE CHICKEN 16**

linguini pasta - bell pepper  
southwest spices - onion  
chicken - lime - cilantro

**FISH TACOS 15 TroonFIT**

blackened white fish - slaw  
pickled red onion  
pico de gallo - corn or flour  
tortilla

**CHICKEN QUESADILLA 10**

flour tortilla - chicken  
yellow onion  
bell pepper - jack cheese

**CLASSIC REUBEN 14**

rye bread - corned beef - sauerkraut  
thousand island - swiss cheese

**TURKEY AND SWISS CLUB 12**

house-roasted turkey breast - apple wood smoked bacon  
swiss cheese - iceberg lettuce - tomato  
cranberry mayo - whole wheat bread

**GRILLED CHICKEN SANDWICH 11 TroonFIT**

avocado - pepper jack cheese - lettuce - tomato

**CHICKEN TENDERS 13**

honey mustard

**PHILLY CHEESE STEAK 12**

peppers - onions - provolone

**GF CEDAR PLANK SALMON 24 TroonFIT**

blistered tomato - grilled asparagus

**GF FUSILLI FLORENTINE 12 TroonFIT**

baby kale - spinach - cherry tomato  
bell pepper - EVOO - garlic

\* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness

TroonFIT items prepared for a healthy lifestyle

